

**INDO-PACIFIC TRAMPOLINE GYMNASTICS**  
**CHAMPIONSHIPS:**  
**TECHNICAL REGULATIONS AND HOSTING**  
**PROTOCOL**  
**UPDATED: 2017**

## IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017

### GENERAL

**1. Introduction:** These Regulations and Protocols are valid for the Indo Pacific Rim Federations affiliated with International Gymnastics Federation (FIG) for the conduct of the Indo-Pacific Trampoline Gymnastics Championships. These regulations are recommended for use by all Indo-Pacific Rim Federations wishing to host these Championships.

### **2. Objectives:**

- 2.1. To guarantee the uniform hosting of the Indo-Pacific Trampoline Gymnastics Championships every two (2) years (on even numbered years).
- 2.2. To articulate the responsibilities of the Local Organizing Committee, the sport's governing bodies and the attending eligible Federations .
- 2.3. To establish an annual Indo-Pacific Congress to be held at Indo-Pacific Championships and each World Championships or WAGC in the non-Indo-Pacific Championship years.
- 2.4. To establish Technical Regulations and hosting protocol for the Indo-Pacific Championships in order to encourage eligible nations to host and participate.
- 2.5. To utilize the FIG Technical Regulations and Code of Points, unless otherwise stated in the Indo-Pacific Technical Regulations and Hosting Protocol.
- 2.6. To promote a higher standard of trampoline, synchronized trampoline, tumbling and double mini-trampoline within the Indo-Pacific Rim.

### **3. History:**

3.1. Background: This competition was established to provide athletes from non-European countries an opportunity to compete in an international event.

3.2. History of Championship Locations:

Year	City	Country
1991	?	Australia
1993	San Diego	United States of America
1995	?	Japan
1997	?	South Africa
2002	Surfer's Paradise	Australia
2004	Kelowna	Canada
2006	Pretoria	South Africa
2008	Rotorua	New Zealand
2010	Kakegawa	Japan
2012	Sydney	Australia
2014	Sun City	South Africa
2016	Napier	New Zealand

## IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017

4. **Validity:** These Regulations and Protocols are valid for a period of four (4) years, based on the current FIG/Olympic cycle, following their acceptance by the Indo-Pacific Congress.
5. **Changes in Technical Regulations and Hosting Protocol:** All changes in the Technical Regulations and Hosting Protocol require the following:
  - 5.1. No changes shall occur to the Technical Regulations and/or Hosting Protocol during the four-year cycle unless agreed to via a majority vote by all eligible Federations present at a Congress.
  - 5.2. The proposed changes are to be circulated to the member Federations three (3) months prior to the Indo-Pacific Congress.
  - 5.3. Implementation is to occur at the next Indo-Pacific Championships.
6. **Indo-Pacific Congress:**
  - 6.1. At each Indo-Pacific Championships and each World Championships (or World Age Group Competition, if necessary) in the non-Indo-Pacific Championship years, eligible Federations shall meet to discuss the upcoming Indo-Pacific Championships.
    - 6.1.1. The current (upcoming) host federation shall host a meeting at World Championships or Age Group Competition in the non-Indos years. They will also host the Indos Congress at their event.
    - 6.1.2. The current host federation shall determine and circulate the date and location of the Congress.
    - 6.1.3. A meeting agenda will be distributed by the current host federation, to the participating federations prior to the Congress.
    - 6.1.4. The meeting shall be conducted in an open forum format.
    - 6.1.5. Each eligible Federation shall possess one (1) vote. The voting representative shall be named prior to the Congress. Each eligible Federation may send a maximum of three (3) delegates to the Congress.
    - 6.1.6. A quorum shall consist of a minimum 3 (three) of the Federations with voting representatives participating at the event at which Congress is being held.
  - 6.2. Bids to host the following Indo-Pacific Championships shall be submitted in advance of the Indo-Pacific Congress held at World Championships or World Age Group Competition, three (3) years prior to the event.
  - 6.3. The next Championships will be awarded to the eligible member Federation by a majority vote.
  - 6.4. A Secretary General for the Indo-Pacific Championships will be appointed at each Congress to provide continuity in planning, organization and communication.
7. **Language:** All official communications, documents and directives must be in the English language. Translation services are at the discretion of the local organizing committee.

**8. Technical regulations:**

These Technical Regulations are binding for all Indo-Pacific Championships.

The Indo-Pacific Championship Technical Regulations and Competition Rules shall be the same as the current edition of the FIG Code of Points - Trampoline with the following modifications. The current FIG Code of Points - Trampoline shall be viewed as the authority in case of dispute.

The following documents should be read in conjunction with these Rules:

- 2017-2020 FIG Code of Points - Trampoline Gymnastics (Valid 2017-2020)
- Appendix to the Codes of Points 2017
- FIG Technical Regulations 2017, Section 1 – General Regulations
- FIG Technical Regulations 2017, Section 4 – Special Regulations for Trampoline Gymnastics
- FIG Apparatus Norms, Section 2.4 – Trampoline Gymnastics
- FIG General Judges' Rules – Cycle 2017-2020
- 2017-2020 FIG Judges' Rules – Specific Rules for Trampoline Gymnastics
- FIG World Age Group Competition Rules 2017-2020 – Trampoline Gymnastics

Always refer to the official documents in the event of any contradictions, discrepancies or interrogations.

**9. Competition requirements**

Reference WAG rules and COP.

See Appendix 1.

**HOSTING PROTOCOL**

1. **Competition Frequency:** The Indo-Pacific Championships will be held every two (2) years (even numbered) for age group and senior level athletes in Individual Trampoline, Synchronized Trampoline, Tumbling and Double Mini-Trampoline,.
2. **Competition Format:**
  - 2.1. It is recommended that the Indo-Pacific Championships be held between July and October of the designated year to maximize participation of eligible Federations.
  - 2.2. It is recommended that the competition be scheduled concurrently as follows (to be run concurrently):
    - Senior: 1.5 day event
    - Age Group: 3.5 day event

***Sample Schedule:***

Day	Time	Event
0	AM	Arrival of Delegations
	PM	Set-up
1	AM	Open Training
	PM	Opening Ceremony
	PM	Scheduled Training
2	AM	Scheduled Training
	PM	Scheduled Training
3	AM	Competition
	PM	Competition
4	AM	Competition
	PM	Competition
5	AM	Cultural Activity
	AM	Competition
	PM	Competition
6	AM	Competition
	PM	Closing Ceremony
	PM	Closing Activity
	PM	Tear-down
7	AM	Departure of Delegations

3. **Registration Deadlines:**
  - 3.1. A preliminary commitment to take part in the Indo-Pacific Championships must be received in writing to the host Federation by the date specified. This provisional registration will be required five (5) months prior to the competition and must be accompanied by a five hundred United States dollar (\$500.00) non-

## IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017

- refundable entry fee (or the equivalent in the Local Organization Committee's local currency). The fee will stand against entry fees payable with the definitive entries.
- 3.2. Definitive registration of the athletes, coaches, judges and staff who will participate must be received by the host Federation at least three (3) months prior to the competition.
  - 3.3. Nominative registrations of the athletes, coaches, judges and staff must be received by the host Federation at least two (2) months prior to the competition.
  - 3.4. As an exception, necessary changes in the list of names can be received by the host Federation up to one (1) month prior to the start of the competition.
- 4. Local Organizing Committee:** The host Federation shall establish a Local Organizing Committee, which will act on behalf of the Federation, organizing all aspects of the competition.
- 4.1. The Local Organizing Committee may or may not be incorporated autonomously from the Federation. However, regardless of the legal status of the Local Organizing Committee, the Federation shall remain accountable for the preparation and the hosting of the event.
  - 4.2. The Local Organizing Committee is completely responsible for the organization and execution of the Indo-Pacific Championships and takes responsibility for all transactions and subsequent costs, particularly:
    - 4.2.1. Bulletins/Work Plan: Creation and distribution of periodical information bulletins that contain all essential information of the organization to all eligible Federations.
    - 4.2.2. Registration: Sending of punctual preliminary commitment to participants as well as the provisional, definitive and nominative registration forms, as well as any pertinent logistical information (ex. travel, transportation, accommodations, meals, etc.).
    - 4.2.3. Competition and Training Venue and Schedule: Preparation of the competition site and training possibilities in a suitable gym. Training to be available a minimum of two (2) days prior to commencement of competition.
    - 4.2.4. Equipment: Venue and competition equipment selection must comply with the rules and regulations set by the FIG. The suitability and brand of any equipment to be used shall be the sole prerogative of the approved organizers. A safety committee composed of the Competition Director and 3 appointed representatives must approve all equipment and layout prior to the commencement of the training sessions.
    - 4.2.5. Judging and Scoring Personnel: All necessary personnel and equipment for the system of displaying the scores to participants and spectators.
    - 4.2.6. Competition Management Personnel: All necessary qualified personnel in regard to maintaining the competitive schedule and conveying the results of the competition:

## IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017

- Competition Director/Manager;
  - Floor Director/Manager charged with the location of personnel, the apparatus and competitors;
  - A scorer's table for each discipline with sufficient personnel for the control and distribution of the results.
- 4.2.7. Protocol Personnel: Personnel, equipment, platforms and necessary installations of flags, music for the awards ceremonies and presentations of medals.
- 4.2.8. Results: Distribution of an official set of results to each Federation in attendance.
- 4.2.9. Medical Personnel and Equipment: Provision of medical personnel and essential emergency equipment.
- 4.2.10. Event Logistics: Meals, accommodation and specific internal transportation for those belonging to the delegations (athletes, coaches, judges, delegation support leaders) from the arrival port of entry until departure as identified by the Organizing Committee.
- 4.2.11. Hospitality: A hospitality room must be provided for the benefit of dignitaries, coaches, judges and volunteers.
- 4.2.12. FIG Sanction: Applying for FIG approval for at minimum the Senior categories. FIG sanctioning of the other categories is to the discretion of the Local Organizing Committee.
- 4.3. In accordance with these Technical regulations, the Organizing Committee agrees to assume responsibility for the entire competition, training, judging, scoring, congress and other meetings as required.

### **5. Eligibility and Qualification of Participants:**

- 5.1. Member Federations must be registered and in good standing with the FIG.
- 5.2. Invitations shall be extended to FIG member Federations actively participating in the Indo-Pacific Championships:
- Argentina
  - Australia
  - Brazil
  - Canada
  - China
  - Japan
  - Mexico
  - Namibia
  - New Zealand
  - Qatar
  - South Africa
  - United States of America
- 5.3. Federations who otherwise qualify but are not members of the Indo-Pacific Rim, may be invited to participate at the Indo-Pacific Championships with a majority

## IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017

approval of the Indo-Pacific member Federations. The event shall remain closed to all European Federations.

5.4. Member Federations and competitors are eligible as follows:

- Senior/Open: Full citizenship of country representing.
- Age Group/17+: Citizenship or permanent residency status of country representing (see 5.5.1.).

5.5. Senior/Open gymnasts are required to obtain a FIG License.

5.5.1. If the Local Organizing Committee acquires a FIG sanction for the Age Group competition, the gymnasts will be required to obtain a FIG License.

### 6. Competitive Events:

6.1. Disciplines: The following disciplines will have organized competitions at the Indo-Pacific Championships:

- Individual Trampoline
- Synchronized Trampoline
- Tumbling
- Double-Mini Trampoline
- Team Individual Trampoline
- Team Tumbling
- Team Double Mini-Trampoline

6.2. Categories: The following categories for men and women will have organized competitions at the Indo-Pacific Championships:

6.2.1. Age Groups:

- 11-12 Years of Age: As per FIG Regulations
- 13-14 Years of Age: As per FIG Regulations
- 15-16 Years of Age: As per FIG Regulations
- 17+ Years of Age: Exception to FIG Regulations

6.2.2. Senior

6.2.3. The choice of a gymnast's category is the full responsibility of the respective member Federations. However, any gymnast who has competed in a Senior category at an international level and are still Senior category quality should compete in the Senior competition. It is expected that any athlete competing in the Senior category can compete the FIG Senior requirements with a comparable level of difficulty.

6.3. Notations:

6.3.1. Gymnasts' birth certificates and/or passports may be requested to be checked to verify age and/or gender by the competition technical coordinators.

6.3.2. No gymnast may compete in a category other than their age group except in respect of Synchronized Trampoline. In Synchronized Trampoline, the age of the older gymnast determines the Age Group in which the pair must enter.

6.3.3. Gymnasts may not compete in Age Group and Senior competition in the same discipline.

**7. Delegation:**

7.1. Gymnasts:

7.1.1. Age Groups: 6 gymnasts per Age Group per discipline per gender; 3 Synchronized Trampoline pairs per Age Group per gender.

7.1.1.1. The host Federation may send 9 gymnasts per Age Group per discipline per gender; 4 Synchronized Trampoline pairs per Age Group per gender.

7.1.2. Senior: 4 gymnasts per discipline per gender; 2 Synchronized Trampoline pairs per gender.

**8. Judges:**

8.1. Each participating Federation will be required to provide judges who must be at minimum FIG Brevet Category 4 for the FIG sanctioned events. Judges qualifications on all events should be indicated on the registration form.

8.2. Each participating Federation will submit, with their list of judges, the name of their judge with the highest category level whose name will be entered in a draw at the judges meeting at the event where three (3) names will be drawn to act as the Jury of Appeal.

8.3. Participating Federations must supply one (1) judge certified for each discipline in which they have athletes competing. The host organizing committee shall determine the number of judges required by each participating Federation based on the number of athletes listed on the Nominative Entry. The host organizing committee shall forward this requirement as soon as possible.

8.4. The host organizing committee are able to invite FIG Brevet Judges or Nationally certified judges regardless of nationality in order to fulfill judging requirements.

8.5. The assignment of judges to the panels shall be as follows:

- FIG Brevet Judges shall be appointed as the Chair of the Judges Panel and the 1<sup>st</sup> Difficulty Judge;
- All other positions shall be by draw.

8.6. All judges shall dress in the appropriate uniform.

8.7. The Chair of the Judges' Panel will report any infractions to the Jury of Appeal or Competition Director/Manager who may then refuse participation to any judge.

8.8. Judges are not provided an honorarium; providing a gift is recommended.

**9. Flag/Anthem:**

Flag: Each participating country will provide the host organizing committee with three (3) official national flags:

Size: minimum 68cm x 137cm (27" x 54")

maximum 91cm x 152 cm (36" x 60")

## IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017

Anthem: Each participating country will provide the host organizing committee with a clean copy of their National Anthem on a USB.

**10. Entry Fees:** The entry fee for the Indo-Pacific Championships will be the equivalent of \$150 USD for a gymnast's first event; additional events are \$50 USD, sent to the local organizing committee in advance, respective of the deadlines. Failure to send the entry fee in advance shall constitute a late entry of \$50 USD per gymnast, to the discretion of acceptance of the local organizing committee. Entry fees are non-refundable.

### **11. Competition Venue Requirements:**

11.1. Gymnasts: Size of the Competition Venue: Approximately 20,000 square feet (200 feet long x 100 feet wide), column free. These dimensions are only for the field of play and do not include seating and all ancillary spaces.

11.2. Training and Warm-up Gym/Space: It is recommended that the competition venue have a separate gym or identified space for training and warm-up, in close proximity to the competition gym.

11.3. Minimum Ceiling Height: 32 feet from the lowest hanging point.

11.4. Lighting: Should be indirect with halogen or halide being the best; fluorescent is not great; 540 lux (or 50 foot-candle) is much too low; 100 foot-candle is good. A competition space without windows is preferable; if there are windows, they should not be on the west side and preferably covered.

11.5. Preferable Temperature: Appropriate ventilation system to keep temperature between 21° and 23° C.

11.6. Ancillary facilities:

- 1 Local Organizing Committee office
- 1 Judges' Meeting Room (Seating for a minimum of 30 people)
- Protocol area

11.7. Minimum Seating: Seating for approximately 500 people is appropriate.

**12. Medical:** The Local Organizing Committee is responsible for having proper medical coverage for the athletes and public's safety throughout the training and competition days.

12.1. A first aid location and services must be provided at the competition and training venue where athletes, coaches and officials may receive first aid assistance during all training and competition sessions.

12.2. The Local Organizing Committee shall inform and provide a schedule to the hospital that is closest to the competition venue. Through the Event Work Plan, the location of this hospital will be communicated to participating Federations.

**13. Liability Insurance:** The host Federation, the Local Organizing and the FIG will not be held responsible for any liabilities in case of accidents, illness, and repatriation. The FIG Technical Regulations foresee that all participating Federations are responsible

## **IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017**

for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

### **14. Competition Requirements and Format:**

- 14.1. The start order for all preliminary rounds will be decided by draw. All athletes will be divided into groups of approximately ten (10) per group.
- 14.2. In all events, three (3) competitors per Federation from the preliminary round may progress to the final round. However, competitors will be added to finals regardless of the three (3) competitor per federation rule based on preliminary rankings, if there are less than 10 athletes in the final.
- 14.3. Should there be a withdrawal from the finals start list, prior to the commencement of specific warm-up, the next highest ranked athlete, who has been eliminated from finals due to the 3 per federation rule may move forward to the final round.
- 14.4. In all events, the scores will be carried over on a cumulative basis to finals.
- 14.5. All competitive rounds shall proceed in the following manner:
  - At least fifteen (15) minutes prior to the start of the event, all judges shall be in place on the judging panel for the purposes of trial scoring, reviewing instructions from the Chair of the Judges panel, discussing interpretations and other information necessary;
  - Athletes shall be called to the marshalling area ten (10) minutes prior to the start of the competition. On cue, they shall march in, in competition order, and present themselves before the Chair of the Judges panel and judging panel at their competition location;
  - After receiving instructions, athletes shall march to their designated waiting area;
  - Athletes shall remain in the waiting area for the duration of the competition round;
  - At the completion of a competitive round, athletes shall return to the athletes waiting area. Once the athletes have marched out, the chair of the Judges panel may dismiss the judging panel;
  - Athletes may at no time approach the judging panel and / or the recorder's table during competition;
  - Spotters must be positioned around the trampoline whenever it is in use. The spotters should be appropriately dressed. Spotters should be of sufficient size as to be able to render assistance if necessary.
- 14.6. Each form score and difficulty score must be flashed for each round of competition.
- 14.7. It is the responsibility of the host organizing committee to provide video taping of all rounds of competition, and have the necessary equipment available to properly display the taping.

**15. Results:**

- 15.1. It is the responsibility of the host organizing committee to organize and administer a scoring and results program.
- 15.2. Manual scoring should be done for backup.
- 15.3. All results shall be tabulated and checked by the recorders and then the Chair of the Judges panel, prior to publication and posting. Unofficial results must be posted as soon as possible after the completion of a competitive round.
- 15.4. Results must be posted in a neat, presentable format and in a location suitable for viewing by athletes, officials and spectators. An additional copy of each set of results shall be made available for each participating Federation at a specified pick-up location.
- 15.5. The results sheets must provide the following information:
  - Execution
  - Difficulty
  - Time of Flight
  - Horizontal Displacement
  - Routine Score
  - Total Score
  - Rank Order
- 15.6. All preliminary results must clearly indicate the finalists' lists, and the competitive order for finals.

**16. Competition Cards:** Official competition cards (also known as difficulty sheets) must be used. Each Federation must submit their completed cards electronically or in hard copy to the official registration table by the designated deadline. Only the recognized FIG numeric system may be used to describe elements on the competition card, otherwise the card will not be accepted.

**17. Awards:**

- 17.1. Medals and awards will be presented following all final rounds of competition as follows:

Rank	Award
1 <sup>st</sup>	Gold Medal
2 <sup>nd</sup>	Silver Medal
3 <sup>rd</sup>	Bronze Medal
4 <sup>th</sup> -10 <sup>th</sup>	Ribbon

**18. Ceremonies and Activities:**

- 18.1. Opening Ceremony: Prior to the commencement of competition, it is recommended that there be an opening ceremony including:
  - A march-in of athletes (dressed in competitive attire or official team tracksuits);
  - An official welcome, either by dignitary or the Competition Director

## IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017

- Oaths (coach, athlete, judge);
- Presentation of the host Federation's national anthem.

18.2. Closing Banquet: The host organizer shall present a closing banquet for all registered delegates. At the discretion of the Organizing Committee, volunteers and parents may have the option to purchase tickets. The closing banquet shall be held after the completion of all rounds of competition.

**19. Information Bulletins:** Information bulletins and registration packages should be sent out in a timely manner ahead of the competition. It's advised they include the following:

- Bulletin 1 (~15 months before event): Invitation, competition dates, competition location, contact details, entry fees, deadlines, preliminary accommodations information, preliminary schedule;
- Bulletin 2 (~7 months before event): Provisional entry registration opening;
- Bulletin 3 (~5 months before event): Definitive entry registration opening;
- Bulletin 4 (~4 months before event): Nominative entry registration opening.

**20. Review:** An evaluation survey will be distributed by the local organizing committee, following the Championships. Data will be compiled and circulated to all eligible Federations. Related issues may be addressed at the next Indo-Pacific Congress.

Appendix 1

**1. Competition Requirements**

1.1. Preliminary Routines and Pass Requirements:

Category	Discipline			
	TRA-IND	TRA-SYN	DMT	TUM
<b>11-12</b>	Preliminary: WAGC 11-12 Req. Optional: Voluntary	Preliminary: WAGC 11-12 Req. Optional: Voluntary	2 Passes	2 Free Passes^
<b>13-14</b>	Preliminary: WAGC 13-14 Req. Optional: Voluntary	Preliminary: WAGC 13-14 Req. Optional: Voluntary	2 Passes	2 Free Passes^
<b>15-16</b>	Preliminary: WAGC 15-16 Req. Optional: Voluntary	Preliminary: WAGC 15-16 Req. Optional: Voluntary	2 Passes	2 Free Passes^
<b>17+</b>	Preliminary: WAGC 17-21 Req. Optional: Voluntary	Preliminary: WAGC 17-21 Req. Optional: Voluntary	2 Passes*	2 Free Passes^
<b>Senior</b>	Preliminary: FIG Senior Req. Optional: Voluntary	Preliminary: FIG Senior Req. Optional: Voluntary	2 Passes*	Salto Pass Twisting Pass

\* DMT - 17+/Senior: Minimum requirement and expectation that athletes are of Open Standard recommended minimum double/double. No repetition of elements.

\* TUM - 11-12, 13-14, 15-16 and 17+: Minimum requirement of two (2) free passes without any repetition of elements.

1.2. Final Routines and Pass Requirements:

Category	Discipline			
	TRA-IND	TRA-SYN	DMT	TUM
<b>11-12</b>	Voluntary	Voluntary	2 Passes	1 Free Pass
<b>13-14</b>	Voluntary	Voluntary	2 Passes	1 Free Pass
<b>15-16</b>	Voluntary	Voluntary	2 Passes	1 Free Pass
<b>17+</b>	Voluntary	Voluntary	2 Passes	1 Free Pass
<b>Senior</b>	Voluntary	Voluntary	2 Passes	2 Free Passes

1.1. Team Competition

## **IPC – TECHNICAL REGULATIONS AND HOSTING PROTOCOL - 2017**

- 1.1.1. A minimum of three (3) Federations in an event will constitute a Team Competition.
- 1.1.2. The team scores for each team will be the sum of the three (3) highest scores obtained by the members of the team in each routine (first routine/pass and second routine/pass of the preliminary competition).
- 1.1.3. A team may include athletes from any age category but can only include a maximum of two (2) Senior athletes.
- 1.1.4. The Local Organizing Committee of each Championships may organize a separate Team Final event, as per the qualification and finals rules of the FIG Code of Points.