



29TH PORTIMÃO INTERNATIONAL TOURNAMENT (POR)

5 – 6 MAY 2020

Seniors: Individuals

Juniors: Individuals and Groups

DIRECTIVES

Event ID: 16384

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **Portugal** has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	Gymnastics Federation of Portugal Contact Person: ARAÚJO, Paula Estrada da Luz, n.º 30-A 1600-159 Lisboa - Portugal Tel: +351 21 814 11 45 E-mail: rgportugal@gympor.com Website: http://www.fgp-ginastica.pt
LOCATION	Portimão , Algarve, Portugal
DATE	From 5 to 6 May 2020
VENUE	Portimão Arena Address: Parque de Feiras e Exposições de Portimão Caldeira do Moinho 8500-726 Portimão Tel: +351 282 470 870 E-mail: portimao.arena@cm-portimao.pt Website: https://www.cm-portimao.pt/servicos-municipais/portimao-arena-parque-de-feiras-e-exposicoes Venue capacity: 2.530 seats Competition Hall: Capacity for 1 floor Training hall: Capacity for 4 floors Warm up area: Ballet bars and 1 floor
APPARATUS SUPPLIER	Floor: GYMNOVA – Refª 6667 – London Replacement Apparatus Rope – Venturelli, RO18-PL2, Size: L, 3 m Hoop Senior – Venturelli, HOP 18-85, weight 300 g Hoop Junior – Venturelli, HO 18-85, weight 300 g Ball – Venturelli, BAL1818W, CM18 Clubs – Venturelli, C45018T, Club 45 CM rubber head and plastic body, Ribbon Senior – Venturelli Stick without ribbon, STICK ST5918 - Stick without ribbon, with rubber grip, 59cm long, Fiberglass, several colours Ribbon without stick, RIB618 - Ribbon without stick, 5,4 cm wide, 6 m and above, weight 35 g and above, Rayon

	<p>Ribbon Junior – Venturelli Stick without ribbon, STICK ST5616 - Stick without ribbon, with rubber grip, 56cm long, Fiberglass, several colours Ribbon without stick, RIB518 - Ribbon without stick for Juniors, 5,4 cm wide, 5 m and above, weight 30 g and above, Rayon.</p>																							
GYMNASTS HAND APPARATUS	<p>The changes of the Apparatus Norms for the Hand Apparatus, valid for Apparatus Manufacturers and Gymnasts entered into force from 01 January 2019.</p> <p>The list of the RG Hand Apparatus with valid certificates is published on the FIG website and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p> <p>Random checks on the FIG and Manufacturers’ Logos will be carried out at any time during the Event.</p>																							
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none">• Statutes• Technical Regulations• Code of Points and relevant Newsletters• General Judge’s Rules• Specific Judge’s Rules• Doping Control Rules• Licence rules• Media Rules• Apparatus Norms• FIG Rules for Sanctioning (approval) of International Events• Medical Organization of the Official FIG Competitions and Events• Accreditation Rules• Advertising and Publicity Rules <p>And Subsequent decisions of the FIG Executive Committee</p>																							
INVITED FEDERATIONS	<p>All FIG affiliated Federations are invited.</p> <p>Only gymnasts in good standing with the correct age and holding a valid FIG License by the time of registration until the end of the competitions may participate.</p> <p>The Local Organizing Committee will be responsible for checking the validity of the gymnasts Licenses. No gymnast will be accepted without a valid FIG License at the time of the event.</p> <p>The maximum size of the invited delegation is as follows:</p> <table><tr><td></td><td>Individual JUN or SEN</td><td>Joint</td></tr><tr><td>Head of Delegation</td><td>1</td><td>1</td></tr><tr><td>Coach</td><td>1 per gymnast (2 per group)</td><td>12</td></tr><tr><td rowspan="2">Gymnasts</td><td>8 Jun / 4 Sen</td><td>12</td></tr><tr><td>6 (Jun Group)</td><td>6</td></tr><tr><td>Medical Doctor</td><td>1</td><td>1</td></tr><tr><td>Paramedical Staff</td><td>2</td><td>2</td></tr><tr><td>Judges (compulsory)</td><td>1 per individual 1 per group</td><td>2</td></tr></table>		Individual JUN or SEN	Joint	Head of Delegation	1	1	Coach	1 per gymnast (2 per group)	12	Gymnasts	8 Jun / 4 Sen	12	6 (Jun Group)	6	Medical Doctor	1	1	Paramedical Staff	2	2	Judges (compulsory)	1 per individual 1 per group	2
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AGE LIMITS	<p>Seniors :16 years in the year of the competition Juniors: 13, 14 and 15 years in the year of the competition</p> <p>All gymnasts must have a current valid FIG licence until the end of the</p>																							

	event.								
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet at the time of the event for the respective discipline (RGI and/or RGG).</p> <p>The Organizing Member Federation will apply a fine of CHF 2'000 per missing judge, should a federation fail to bring the required number of judges. This fine must be paid to the LOC by 6th March 2020.</p>								
REGISTRATION DEADLINES	<p>The definitive and nominative deadlines are compulsory.</p> <table><tr><td>Definitive registration:</td><td>March, 6th, 2020</td><td>(2 months prior to the event)</td></tr><tr><td>Nominative registration</td><td>April, 6th, 2020</td><td>(4 weeks prior to the event)</td></tr></table>			Definitive registration:	March, 6 th , 2020	(2 months prior to the event)	Nominative registration	April, 6 th , 2020	(4 weeks prior to the event)
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ENTRY FEES	<p>The not refundable cost for the Entry/Registration Fee is:</p> <ul style="list-style-type: none">• 30 EUR per gymnast• 55 EUR per all other participants (except judges) <p>At the time of the Definitive Registration 100% of the entry fee must be paid to the LOC. Entry fees must be paid by 6th March and according to the number of persons registered in the Definitive Form. Entries without payment of the entry fees will be considered as invalid and will be refused.</p>								
ACCREDITATION	<p>Accreditation cards will be given at the LOC Office at "Portimão Arena" by the arrival of the Delegations.</p> <p>A photo of each member of the delegation (in electronic format – JPEG – must be sent to the LOC together with the nominative registration – 6th April 2020). Photos taken upon arrival will be charged of EUR 20 each.</p> <p>The Head of Delegation must verify at the Accreditation Office:</p> <ul style="list-style-type: none">• All the names of the Delegation members• All payments due• National Flag• National Anthem <p>The Head of Delegation must give at the Accreditation Office:</p> <ul style="list-style-type: none">• Certification of valid insurance for all Delegation members• Exercises musics (1 CD or pendrive for each exercise)*• Gala Form <p>*Note: All the exercises musics must be send to the official e-mail of the Event rgportugal@gympor.com at the time of the Nominative entry (max. size 10 MB; file format – WAV).</p>								
EVENT FORMAT	<p>This International Tournament consist in:</p> <ul style="list-style-type: none">• <u>Seniors: Individual Competition</u><ul style="list-style-type: none">- Qualifications/All-Around Competition;- Apparatus Finals: the top eight Seniors gymnasts per apparatus (2 per Country) from the Qualifications will participate in the Finals.- In addition, the Organising Member Federation may participate in the four finals with one gymnast, at its free choice. This Wild Card gymnast will have to start first.• <u>Juniors: Individual Competition</u><ul style="list-style-type: none">- Individual Qualification: Each country can participate with the number of gymnasts that desires, NO LIMIT for Individual gymnasts;- Apparatus Finals _ The top eight Junior gymnasts per apparatus (one per Country) from the Qualifications will participate in the Finals.- In addition, the Organising Member Federation may participate in the four finals with one gymnast, at its free choice. This Wild Card gymnast will have to start first.- Team: each team must have between 2 and 4 gymnasts (only one team per Country count for the Teams ranking); they must perform the total of 8 routines – 2 per apparatus.- Each Federation can participate with more than 1 Team. However in the final rankings only one team per Federation will be included (the Team with								

	<p>the best results).</p> <ul style="list-style-type: none"> • <u>Juniors: Group Competition</u> <ul style="list-style-type: none"> - Group All around Qualification - 2 exercises – (5 hoops and 5 ribbons) - Group Apparatus Final – the best 8 Groups per exercise
PROVISIONAL SCHEDULE	<p>Sunday 3rd May Arrival of Delegations (All day)</p> <p>Monday 4th May Trainings (All day) Orientation Meeting (max. 2 persons per country)</p> <p>Tuesday 5th May Competition: Qualifications (All day) Juniors: 4 apparatus (Rope, Ball, Clubs and Ribbon) Teams Juniors Awards Ceremony Junior Group: 2 apparatus (5 Hoops and 5 Ribbons) Junior Group Awards Ceremony Opening Ceremony Seniors: 4 apparatus (Hoop, Ball, Clubs and Ribbon) Individuals Seniors Awards Ceremony</p> <p>Wednesday 6th May Trainings for the Finals Finals Apparatus Competition Senior Individuals (8 best gym. per apparatus, 2 per country) Junior Individuals (8 best gym. per apparatus, 1 per country) Junior Group (8 best groups per apparatus) Finals Awards Ceremony</p> <p>Thursday 7th May Departure of Delegations</p>
EVENT MANAGER	<p>Mr. SOUSA, Álvaro Estrada da Luz, n.º 30-A 1600-159 Lisboa / Portugal Tel: (+351) 21 814 11 45 E-mail: alvaro.sousa@gympor.com</p>
MEDICAL SERVICES	<p>The LOC will provide first aid medical services. A physiotherapist and medical support will be present during training and competitions as well as other staff specialized in first aids.</p>
VISA	<p>Please verify with your travel agent or the Portuguese Embassy or Consulate in your country if a visa is required for you to travel to Portugal. The LOC will assist each Delegation member with an official invitation letter, provided if the request is made before 6th March 2020 to the official e-mail: rgportugal@gympor.com. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the International travel costs of their delegation members. Arrival destination airport: FAO, Faro, Portugal. The Travel Schedule Form must be returned to the LOC by 6th</p>


	April 2020.
LOCAL TRANSPORTATION	<p>For all participants who booked their accommodation through the LOC, we will provide free local transportation:</p> <ul style="list-style-type: none"> - Transfer from/to Faro's (FAO) airport (1h30 away to Portimão City, by bus). If the Travel Schedule is not sent until the deadline (6th of April) we will not guarantee this service; - A shuttle service from/to the Hotels and the Venue, for training and competition. <p>The LOC may provide transfer service for the Delegations that choose another airport for arrival to Portugal. In this case please contact the LOC. Additional charges will be applied.</p>
ACCOMMODATION AND MEALS (FULL BOARD)	<p>The participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The prices are per person and per night and include accommodation and meals:</p> <p>Category 1 Hotel Euro 170,00 (single room, full board) Euro 140,00 (double room, full board)</p> <p>Category 2 Hotel Euro 130,00 (single room, full board) Euro 115,00 (double room, full board) Euro 105,00 (triple room, full board)</p> <p>Category 3 Hotel (Low Cost – Youth Hostel) Euro 110,00 (single room, full board) Euro 85,00 (double room, full board) Euro 80,00 (quadruple room with shared bathroom, full board)</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. The Accommodation Form must be returned to the LOC by 6th March at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>Cancellation/Reimbursement Policy: 50% of the total amount due for Accommodation and meals cost shall be reimbursed if the cancellation occurs before 6th April 2020. After, no reimbursement will be made.</p>
FINAL BANQUET	<p>The Final Banquet will be offered to all participants who have booked their accommodation through the LOC. Extra -Tickets to the Final Banquet will be available at the cost of EUR 25 each and can be paid at the LOC offices until 4th May 2020 (12h00, Portugal time).</p> <p>The LOC will not reimburse any cancelled entry ticket to the Final Banquet.</p>
BANK ACCOUNT INFORMATION	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows:</p> <p><u>FIG RG ITPortimão 2020</u> Bank: Millennium BCP BENEFICIARY: Gymnastics Federation of Portugal IBAN: PT50 0033 0000 0188 0157 8909 6 BIC/Swift: BCOMPTPL</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>
MARKETING MEDIA	<p>FIG advertising and publicity norms must be respected.</p> <p>All media representatives (journalists, photographers, TV) must request an accreditation from the LOC Media Office as soon as possible to have access to the media centre on the competition venue.</p> <p>Media Officer: Ms. Patrocínio, Joana</p>

	Estrada da Luz, n.º 30-A 1600-159 Lisboa / Portugal Tel: (+351) 21 814 11 45 Fax: (+351) 21 814 29 50 e-mail: comunicacao_marketing@gympor.com																				
SOCIAL MEDIA	Facebook page: https://www.facebook.com/ginasticaportugal?fref=ts Youtube: https://www.youtube.com/user/ginasticaportugal																				
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ADDITIONAL INFORMATION	From May 08 th to the 10 th , the FIG RG World Challenge Cup will take place in Portimão. The Gymnastics Federation of Portugal is planning on organizing a training camp at this date so gymnasts and coaches, further information will be sent to NF.																				

Sincerely Yours,



Place and date:
Lisbon, 7th November, 2019


Signature of the President or
Secretary General of POR Federation