



2020 International Aerobic Championship

July 25 – 29

Phoenix, Arizona

Information Packet



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Schedule of Events

Saturday, July 25, 2020

8:30am – 10:30am Delegation Check-In/International Athlete Registration
10:00am – 10:00pm Podium Training

Sunday, July 26, 2020

8:00am – 3:00pm Judges Training
1:30pm – 2:30pm Delegation Welcome/ Opening Ceremony
2:30pm – 3:30pm Opening March Rehearsal
4:30pm – 10:00pm Preliminaries – AG2 (IW), Senior (IW, MP)

Monday, July 27, 2020

9:00am – 6:00pm Preliminaries – Aerodance (All Categories), AG1 (IM, MP, Trios, Groups) & AG2 (IM, MP, Trios & Groups)
7:30pm – 10:00pm Preliminaries – Senior Division (IM, Trios & Groups)

Tuesday, July 28, 2020

9:00am – 5:30pm Preliminaries – Junior Showcase (All Categories) & AG1 (IW)
7:30pm – 10:00pm Semifinal – Senior Division (All Categories)

Wednesday, July 29, 2020

8:30am – 9:45am Final – Junior Showcase (All Categories)
9:45am – 12:30pm Final - Aerodance (All Categories)
1:30pm – 4:30pm Final – AG1, AG2 (All Categories)
4:30pm – 5:30pm Medal Ceremony
6:30pm Opening Ceremony – March of Nations
7:00pm – 9:00pm Final – Senior Divisions (All Categories)
9:00pm – 10:00pm Medal Ceremony
10:30pm – 2:00am Celebration Party



2020 International Aerobic Championship

Host Hotel & Championship Headquarters

Arizona Grand Resort & Spa
8000 S. Arizona Grand Parkway
Phoenix, Arizona 85044

The ANAC has selected the Arizona Grand Resort & Spa as the host site and “official headquarters” for the 2020 International Aerobic Championship. ANAC strongly recommends that spectators, participants and their family & friends stay at the Arizona Grand Resort since all events will take place there.

All guest rooms are suites which include a living room with a queen-sized sofa bed and a bedroom with either one King bed (K) or two Queen beds (QQ). A King bedded room sleeps up to 4 persons and a room with two queen beds sleeps up to 6 persons (maximum occupancy is based on two persons to a bed including the sofa bed). Larger apartment-styled villas with full kitchens are also available.

A special reduced rate of \$184 plus tax per night (K or QQ) is offered to all ANAC athletes, spectators, family & friends. One-bedroom Apartment Villas with full kitchens are \$264 plus tax per night. The rate includes the resort fee and daily use of the waterpark.

Group Reservations: *Reserving 5 or more rooms* – If you are reserving 5 rooms or more, please complete & submit the [Reservation Request Form](#). Once the form is received you will receive a confirmation and payment request form. Please note: the first night’s room and tax for each room reserved are due when the reservation is made.

Individual Reservations: *Reserving 1 to 4 rooms* – If you are reserving 4 rooms or less, please click [HERE](#) or call the Arizona Grand Resort & Spa directly at 1-877-800-4888 or 1-602-4389000. To receive HHI’s special rate, use the word “CHAMPIONSHIP” when making your reservation. Please note that the payment for the entire stay is due when the reservation is made plus a \$200 security deposit for each room reserved.

If you have any questions regarding the reservations process, please contact ANAC’s Housing Director, Janeen Zook, at housing@anacheadquarters.com or by calling 702.633.8920. For international callers, please provide an email address and phone number for a return response, so that a phone call can be scheduled with you if preferred. All messages, either email or voice message, will be returned within 48 hours. Please make your reservations as soon as possible. The hotel will definitely sell out!



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Official Invitation for United States Visa

The following are the steps for all delegations to follow on behalf of their athletes and members of their international delegations requiring a U.S. visa.

1. Contact the ANAC for an official written invitation to accompany all visa applications no later than May 1. This request must include the name of each member of the delegation (spelled exactly as it appears on their passport), their passport number and date of birth.
2. Notify the ANAC by email when an interview date is confirmed with the US Embassy. An official letter will then be sent from US Congressman Adam Schiff directly to the US Embassy in the respective country. **The invitation letters are most effective when there is ample time for the US Embassy to process a visa.** The process must begin early enough to allow for a favorable result.

Helpful Information: A visa officer at one of the US embassies provided the ANAC with the following advice: During an interview a visa applicant is expected to provide evidence that they have strong social, family and/or economic ties to their homeland and that they will absolutely return home, on time and not after the visa expires.

Examples of social/economic ties that will assist in the approval of a visa request:

1. In school/college – enrolled for next semester
2. Have travelled internationally before and/or obtained a visa before to another country
3. Married/have children
4. Have bank accounts/own property
5. Have full time employment guaranteeing applicant will return home for work
6. Involved in family business
7. Involved with the community and/or with ties to their temple or church
8. Strong family unit – especially for juniors – looking forward to returning home for birthdays, school and/or family trips and activities.

Each case is individual in nature and there is no guarantee that a visa will be granted, however, applying early, dressing professionally and bringing to the interview any backup material that will further enhance an applicant's qualifications (newspaper clippings, competition photos or videos, sponsorship letters, letters of support, etc.) will assist in the process. Visa applicants are encouraged to talk less about the competition and more about their life in general and why they will definitely return home. Applicants should stay calm and confident.



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Athlete Registration

Please read all information & steps below for the registration process. Deadlines are enforced.

For each participating delegation, please complete the following registration steps:

1. Complete and submit the [Definitive Registration Form](#). *Deadline is May 1, 2020.*
2. Complete and submit a [Delegation List](#) for each division (Junior Showcase, Age Group 1, Age Group 2, Senior and AeroDance). Please make sure all information and spelling are correct before submitting. *Deadline is May 15, 2020.*
3. Complete and submit an [Athlete Registration Sheet](#), which includes all athletes in the delegation. *Deadline is June 1, 2020.*
4. Collect a signed [Waiver](#) and a copy of each participating athlete's passport. All documents must be emailed to anacheadquarters@gmail.com prior to the *registration deadline of June 1, 2020.*
5. Complete and submit a [Payment Authorization Form](#) for all athlete registration fees prior to the *registration deadline of June 1, 2020.*

The entry fee for each athlete in all categories and age divisions is **US\$125.00**, which includes all championship registration costs, official championship t-shirt and entry to all ANAC events.

Athletes competing in more than one category are required to pay **US\$50** for each additional category entered.

Delegation Check-in and Podium Training

Delegation check-in and podium training is scheduled for Saturday, July 25, 8:30am – 10:30am. Each delegation will receive a scheduled check-in time when all its athletes will be checked in by their Head of Delegation.



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Athlete Qualifications

You may register an **unlimited** number of entries in all categories: IW, IM, MP, Trios, Groups (5 members) in Junior Showcase (7-11 years), Age Group 1 (12-14 years), Age Group 2 (15-17 years) and Seniors (18 years and above). The defending 2019 ANAC International Aerobic Champions (gold medalists) do not have to qualify to compete to defend their title.

Participating athletes must meet the registration requirements as specified in the FIG Code of Points.

AeroDance consists of Individuals, Mixed Pairs, Trios and Teams of 5-10 athletes in Junior (7-12 years), Varsity (13-17 years), and Senior (18 years and above) divisions and is conducted with more focus on dance and performance. The elements scored in AeroDance have less maximum difficulty than in other categories within the IAC. Rules utilized are as specified in the FIG Code of points with ANAC modifications.

A unique distinction between ANAC's International Aerobic Championships and other championships of prominence is that there is no limit to the number of athletes you may register. Federations decide on the method of selecting/qualifying the athletes within their countries.

Advancing into Semifinal and Final Rounds of Competition

Senior Division - The highest scoring entries from each category of the preliminaries will advance to the semifinal round (see breakdown below). In all categories of the senior division no more than three entries from each country can advance into the semifinal round of competition. No more than two entries from each country can advance into the final round of competition.

In the senior divisions the number of athletes advancing are:

# of Athletes	50-64	35-49	20-34	12-19	6-11	Less than 6
Prelims to Semifinals	25	20	15	8	5	All
Semifinals to Finals	8	8	8	5	3	3

Youth Divisions - In all categories and divisions for the youth divisions no more than two entries from each country can advance into the final round of competition.

In the youth divisions the number of athletes advancing are:

# of Athletes	50-64	35-49	20-34	12-19	6-11	Less than 6
Prelims to Finals	25	20	15	8	5	3

A defending gold medalist will automatically advance to the final round of competition. Only one additional representative from the same country within that division of competition will be able to advance.



2020 International Aerobic Championship

Judge Panel

It is mandatory for all countries participating in the International Aerobic Championship to nominate and send a FIG brevetted judge to the 2020 IAC. Delegations failing to have a judge present will be assessed a fine of **US\$1000**.

Please distribute the link below to your Judge candidates for 2020.

To be considered for the 2020 International Aerobic Championship Judge Panel, nominees must hold a current FIG brevet and speak and communicate in the English language.

Link: **[IAC Judge Nomination Form](#)**

All Judge Nominations forms must be submitted no later than **May 15, 2020** to be considered. Every possibility will be made to forward notification of acceptance on or before June 1.

A mandatory judges' meeting for all judges will be conducted on Sunday, July 26.



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Event Admission/Tickets

Complimentary admission to all International Aerobic Championship competitions will be provided by the ANAC to the following individuals:

1. Each registered athlete in the International Aerobic Championship
2. **One** Head of Delegation
3. **One** designated Team Coach for every 15 registered athletes
4. **One** designated Trainer

Additional coaches/trainers with the delegation are required to purchase regular event tickets/wristbands to enter the events. No exceptions will be made.

Seating for all events is unreserved.

Event tickets are on sale for all additional members of a delegation and accompanying family and friends. Tickets may be purchased in advance on the ANAC website or onsite at the Arizona Grand Resort & Spa during the events.



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Technical Regulations

The 2020 IAC will use the FIG Code of Points. You can view the FIG Code of Points by clicking **HERE**. All IAC AeroDance events will use the FIG Code of Points with ANAC modifications available at <http://www.sportaerobics-nac.com/rules/>.

Training Rooms

Areas for training within the Arizona Grand Resort & Spa will be available for use beginning Sunday, July 26.

Opening Ceremonies – March of Nations

The International Aerobic Championship on Wednesday, July 29 will begin with the opening processional march of athletes. Each team of competitors should be outfitted in matching warm-up suits, identifying their country in bold letters on the front or back. Please have two 8-counts prepared for the opening ceremony which will be presented by up to 10 athletes from each delegation.

Insurance

The ANAC declines any responsibilities and liability for participants and delegation members in the event of illness and/or accidents. All participants are responsible for arranging insurance at their own expense and providing written proof upon request.

Prize and Awards

All Gold medalists in the Women's, Men's Mixed Pairs and Trios divisions of the International Aerobic Championship will receive US\$500, all silver medalists will receive US\$250 and all bronze medalists will receive US\$100. First, second, and third place athletes in the Group division will receive the following amounts in cash (to be divided among the group): 1st Place - \$600, 2nd Place - \$400 and 3rd Place - \$200. First, second and third place athletes in the International Youth Aerobic Championship and all AeroDance divisions will receive medals and no cash prize is awarded.

Please note: A minimum of four entries in each division is necessary to receive prize money. Prize money is awarded in Senior Division only. The AeroDance Division does not receive prize money.