



7TH CANTANHEDE FIG WORLD CUP 2020 – AEROBIC GYMNASSTICS
PORTUGAL
27TH TO 29TH MARCH
CATEGORY B TOURNAMENT



DIRECTIVES

Event ID: 16255

Dear affiliated Member Federation,

Following the decision of the FIG Executive Committee, the Gymnastics Federation of Portugal has the pleasure to invite your Federation to participate in the aforementioned official FIG World Cup.

FIG	Fédération Internationale de Gymnastique (FIG) Contact Person : Alexandre Cola Avenue de la Gare 12 A 1003 Lausanne Switzerland Tel: +41 (0) 21 321 55 10 / direct line: +41 (0) 21 321 55 18 Fax: +41 (0) 21 321 55 19 / Sport department +41 (0) 21 321 55 29 e-mail : acola@fig-gymnastics.org website: http://www.gymnastics.sport/site/
HOST FEDERATION	Gymnastics Federation of Portugal Contact Person: Paula Araújo Estrada da Luz, n.º 30-A 1600-159 Lisboa / Portugal Tel: (+351) 21 814 11 45 Fax: (+351) 21 814 29 50 e-mail: gympor@gympor.com web site: http://www.fgp-qinastica.pt
LOCAL ORGANIZING COMMITTEE	Academia CantanhedeGym Rua da Concórdia, Lote 12 3060 – 149 Cantanhede / Portugal Contact Person: João Dias Mobile: +351 925123182 E-mail: academia.cantanhedegym@gmail.com Website: www.cantanhedegym.com
LOCATION	City of Cantanhede – Coimbra – Portugal
DATE	From 27 th to 29 th March, 2020
VENUE	Sports Hall “Os Marialvas” Rua Luís de Camões, nº19 3060 – 183 Cantanhede Portugal Tel: +351 231 422 101 E-mail: academia.cantanhedegym@gmail.com Website: www.cantanhedegym.com

INVITED	paid their annual membership fee for Aerobic Gymnastics.																
SIZE OF DELEGATION AND FIG LICENSE	<p>The participation is limited to 2 units per NF in each category.</p> <p>Only senior gymnasts in good standing with the correct age and holding a valid FIG License may participate. The Organizing Committee will be responsible for checking the validity of the gymnast' Licenses. No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration.</p> <p>The Organizing Member Federation may limit the participation with criterias to be defined by the Organizing Member Federation. Those criteria must be approved by the FIG.</p> <p>The maximum size of the invited delegation is as follows:</p> <table border="1" data-bbox="395 443 1481 1048"> <thead> <tr> <th data-bbox="403 443 1217 495">Function</th> <th data-bbox="1225 443 1473 495">Number</th> </tr> </thead> <tbody> <tr> <td data-bbox="403 501 1217 539">Head of Delegation</td> <td data-bbox="1225 501 1473 539">1</td> </tr> <tr> <td data-bbox="403 546 1217 640">Team Manager</td> <td data-bbox="1225 546 1473 640"> 4 to 7 units 8 and more units 2 </td> </tr> <tr> <td data-bbox="403 647 1217 792">Coach</td> <td data-bbox="1225 647 1473 792"> 1 unit 2 to 7 units 8 and more units 1 2 3 </td> </tr> <tr> <td data-bbox="403 799 1217 837">Judge</td> <td data-bbox="1225 799 1473 837">2</td> </tr> <tr> <td data-bbox="403 844 1217 882">Gymnasts</td> <td data-bbox="1225 844 1473 882">maximum 2 units per category</td> </tr> <tr> <td data-bbox="403 889 1217 927">Medical Doctor</td> <td data-bbox="1225 889 1473 927">1</td> </tr> <tr> <td data-bbox="403 934 1217 1030">Paramedical staff</td> <td data-bbox="1225 934 1473 1030"> 1 to 3 units 4 and more units 1 2 </td> </tr> </tbody> </table>	Function	Number	Head of Delegation	1	Team Manager	4 to 7 units 8 and more units 2	Coach	1 unit 2 to 7 units 8 and more units 1 2 3	Judge	2	Gymnasts	maximum 2 units per category	Medical Doctor	1	Paramedical staff	1 to 3 units 4 and more units 1 2
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AGE LIMITS	A unit being an individual gymnast, a pair, a trio or a group. Age limit: 18 years (born in 2002 or before)																
JUDGES AND JURIES	<p>The number of Juries (judges' panels) may be decided by the Organizing Member Federation depending on the number of participating competitors and judges.</p> <p>The Juries are set up by a draw - directed by the FIG Technical Delegate - from the judges present at the event. Priority will be given to the judges of the highest category.</p> <p>A jury must consist of one Chair of Judges' Panel, 4 Artistic, 4 Execution and 2 Difficulty judges.</p> <p>A federation may not have a judge on both the execution and artistic panels. The Chair of Judges' Panel and the difficulty judges should also be from different federations. Only in exceptional situations can the Technical Delegate make the decision to deviate from this.</p> <p>The CJP must be of Cat. 1. The Difficulty Judges must be Cat. 1 or 2. The Execution and Artistic judges must be Cat. 1, 2 or 3.</p> <p>If, on the day of the competition, there are no sufficient number of judges in the requested categories, the Technical Delegate may take whatever action needed to secure the running of the event.</p> <p>Each participating federation must provide minimum one judge Cat. 1, 2 or 3*. Failure to do so, or if a participating Federation sends a judge with a Cat. 4 (instead of Cat. 1, 2 or 3) will result in a fine of CHF 2'000.- to be paid to the Organizing Member Federation. *Member Federations who have only Cat. 4 judges are allowed to send a Cat. 4 judge who may be used as Time and Line judge only.</p> <p>The Organizing Member Federation is responsible that there are enough FIG brevetted</p>																

	<p>judges present with the appropriate category of brevet for their function. Should there not be sufficient judges, the Organizing Member Federation may propose to the FIG for approval the name of neutral additional judges to complete the panels (plus 1 reserve). These judges, once approved, have to be invited at the cost of the Organizing Member Federation. Such invitation must be made through the respective Member Federation. Should the Organizing Member Federation fail to propose names for additional judges, the FIG will invite such judges at the cost of the Organizing Member Federation.</p>															
FIG TECHNICAL DELEGATE AND EC MEMBER	<p>The FIG Technical Delegate and EC member (if applicable) will be designated by the FIG. The FIG Technical Delegate will serve as President of the Superior Jury.</p>															
REGISTRATION DEADLINES	<p>Provisional, Definitive and Nominative Registrations must be made exclusively on-line via the FIG database. These registrations will only be accepted from FIG Gymnastics Member Federations.</p> <table border="1"> <tr> <td>Provisional registration</td> <td>27, November, 2019 (23:59 GMT)</td> <td>(4 months prior to the event)</td> </tr> <tr> <td>Definitive registration</td> <td>22, January, 2020 (23:59 GMT)</td> <td>(2 months prior to the event)</td> </tr> <tr> <td>Nominative registration</td> <td>26, February, 2020 (23:59 GMT)</td> <td>(4 weeks prior to the event)</td> </tr> </table> <p>Last registrations are subject to fines as follows:</p> <table border="1"> <tr> <td>Fine for missing or late Provisional registration (if any)</td> <td>CHF 500.-</td> </tr> <tr> <td>Fine for missing or late Definitive registration</td> <td>CHF 750.-</td> </tr> <tr> <td>Fine for missing or late Nominative registration</td> <td>CHF 500.-</td> </tr> </table> <p>Registrations and payments made after the gymnasts' drawing of lots will not be accepted and the Delegation members concerned will not be authorized to participate.</p>	Provisional registration	27, November, 2019 (23:59 GMT)	(4 months prior to the event)	Definitive registration	22, January, 2020 (23:59 GMT)	(2 months prior to the event)	Nominative registration	26, February, 2020 (23:59 GMT)	(4 weeks prior to the event)	Fine for missing or late Provisional registration (if any)	CHF 500.-	Fine for missing or late Definitive registration	CHF 750.-	Fine for missing or late Nominative registration	CHF 500.-
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DRAWING OF LOTS	<p>The drawing of lots will take place at the FIG Headquarters in Lausanne (SUI) two weeks after the closing date of the nominative registration. After publication of the draw on the FIG website, the member Federation will be given an opportunity to modify the position of their gymnasts' starting order within 3 days by using the official document to be found on FIG website</p>															
ENTRY FEES	<p>The entry fees, if any, have to be approved by FIG.</p> <p>The non-reimbursable cost for the Entry Fee is: IW/IM: 30,00€ - MP: 45,00€ - TRIO:55,00€ - GROUP: 65,00€</p>															
ACCOMMODATION	<p>The Organizers will arrange at a determined fee, accommodation and meals from the 23rd March to 30th March, see Entry Forms (see attached) as follows:</p> <p>B&B Hotels Cantanhede / Coimbra: - Av. Comandante Xavier Gomes Gama, 1 * 3060-209 Cantanhede - (+315) 231410220 - e-mail: hotel.cantanhedecoimbra@hotelbb.com - web site: www.hotel-bb.es</p> <p>The costs per person/night in this first Hotel are as follows:</p> <ul style="list-style-type: none"> • 80,00€ (single room, including breakfast) • 65,00€ (double room, including breakfast) <p>Hotel Quinta da Lagoa: - Quinta da Lagoa * 3070-150 Mira - (+351) 231458688 - e-mail: hotelquintadalagoa@sapo.pt - web site: www.hotelquintadalagoa.pt</p>															

	<p>The costs per person/night in this second Hotel are as follows:</p> <ul style="list-style-type: none"> • 80,00€ (single room, including breakfast) • 65,00€ (double room, including breakfast) • 50,00€ (triple room, including breakfast) <p>Herdade Lago Real: - Rua das Palmeiras * 3070-153 Mira - (+351) 231488269 - e-mail: geral@lagoareal.pt - web site: www.lagoareal.pt</p> <p>The costs per person/night in this second Hotel are as follows:</p> <ul style="list-style-type: none"> • 80,00€ (single room, including breakfast) • 65,00€ (double room, including breakfast) • 50,00€ (triple room, including breakfast) <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by 22, January, 2020 at the very latest, the Hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by 22, January, 2020.</p>
MEALS	<p>The invited participating federations must pay for the meals expenses of their delegation members.</p> <p>Lunch – at B&B Hotels Cantanhede / ETPC – 20,00€ Dinner – at the Hotel of Accommodation – 20,00€</p> <p>While the Meals Form must be returned to the LOC by 22, January, 2020 at the very latest.</p> <p>The costs for the meals must be paid to the LOC by 22, January, 2020.</p>
FINAL BANQUET	<p>There will be tickets for the Final Banquet available at the entry cost of 22,00€/person. The tickets for the Final Banquet must be paid to the LOC until 22, January, 2020. Tickets for the Final Banquet are not refundable.</p>
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 22, January, 2020.</p>
LOCAL TRANSPORTATION	<p>The Organizers will arrange at a determined fee, the transport service from the LISBON International airport and OPORTO International airport to the accommodation place in Cantanhede and to the competition hall</p> <p>The costs are per person.</p> <p>Transportation from Oporto Airport to the competition venue or hotel and back – 55€ (fifty-five Euros). Transportation from Lisbon Airport to the competition venue or hotel and back – 80€ (eighty Euros).</p> <p>The LOC only ensure the Local Transportation between the hotels and the hall of the competition to the participants who booked the accommodation by the LOC.</p> <p>The invited participating federations must pay for the transportation expenses of their delegation members until 22, January, 2020.</p>
VISA	<p>Please verify immediately with your travel agent or the Portugal Embassy or Consulate in your country if a visa is required for your travel to Portugal. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 22, January, 2020 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and</p>

	passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.												
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance at the Federations own charge as follows: 40€ (forty euros) per person/day.</p>												
ACCREDITATION	<p>In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p> <p>The accreditation will take place at the Sports Hall "Os Marialvas" upon arrival to Cantanhede. The accreditations will only be handed out to the Head of Delegation. All delegations must deliver 2 memory sticks with the musics of all routines, national anthem and flag, SPORTIVE INSURANCE declaration, passports of all members and FIG Licenses.</p>												
FINANCIAL OBLIGATIONS	<p>Federations which have not fulfilled their financial obligations towards the FIG (e.g. annual membership fees, unpaid invoices, etc.) will not be allowed to participate in these World Cups.</p> <p>Federations which have not fulfilled their financial obligations towards the LOC by the given deadline in the Invitation/Directives, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>												
BANK ACCOUNT INFORMATION	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows:</p> <p><u>Account Name</u>: ACADEMIA CANTANHEDEGYM <u>Bank</u>: Crédito Agrícola <u>Agency</u>: Cantanhede <u>IBAN</u>: PT50004530204023223856527 <u>Swift code</u>: CCCMPTPL <u>Reference</u>: CANTANHEDE AER FIG World Cup 2020_(Country)</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>												
CANCELLATION POLICY	<p>The Organizing Committee may fix the deadline for non-reimbursement payments. In this case the deadline for non-reimbursement accommodation, meals and banquet, must be 3 (three) days after the deadline for Definitive Registrations, at the very earliest.</p> <p>50% of Accommodation cost shall be reimbursed if the cancelation occurs up to 1 month (February 26, 23:59 GMT) prior to the event. After, no reimbursement will be made.</p> <p>50% of meals cost shall be reimbursed if the cancellation occurs up to 1 month (February 26, 23:59 GMT) prior to the event. After no reimbursement will be made.</p>												
TIE BREAKING RULES	<p>In case of a tie at any place, the tie-breaking rules as set up for the World Championships shall be applied (see current FIG Technical Regulations Section 6, Art 3.3).</p> <p>If there is still a tie, the tie shall not be broken. Nevertheless the gymnasts not qualified for the finals and with same final score will receive the same World Cup points.</p>												
PRIZE MONEY	<p>The Organizing Member Federation must pay a minimum prize money per medallist as follows:</p> <p style="text-align: center;">B- Tournaments: Total minimum 8'950.- (CHF):</p> <p>The Prize Money, free of any deductible taxes, will be distributed in Euros as follows:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2"><u>For Tournaments Category B:</u></td> <td style="text-align: right;"><u>Total</u></td> <td style="text-align: right;"><u>CHF 8'950.-</u></td> </tr> <tr> <td>Individual Men</td> <td>Gold</td> <td style="text-align: right;">500.-</td> <td style="text-align: right;">7 x 850.-</td> </tr> <tr> <td>Individual Women</td> <td>Silver</td> <td style="text-align: right;">250.-</td> <td style="text-align: right;">5'950.-</td> </tr> </table>	<u>For Tournaments Category B:</u>		<u>Total</u>	<u>CHF 8'950.-</u>	Individual Men	Gold	500.-	7 x 850.-	Individual Women	Silver	250.-	5'950.-
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Individual Men	Gold	500.-	7 x 850.-										
Individual Women	Silver	250.-	5'950.-										

Mixed Pairs Trios	Bronze	100.-		
Groups	Gold	300.-	5 x 600.-	3'000.-
	Silver	200.-		
	Bronze	100.-		

In case of a tie, the prize money will be added and divided by the number of units:
 1, 1, 3 (prize money for rank 1 and 2 is added and divided by 2)
 1, 2, 2 (prize money for rank 2 and 3 is added and divided by 2)

No prize money, and no medals will be given, if there are less than 4 participating units per category

“Wild Card Participants” will receive medals and prize money.

“Hors concours competitors” will not receive prize money.

**ASSIGNMENT OF
WORLD CUP POINT
FOR THE RANKING
LIST**

In principle, the results and the updated FIG World Cup Ranking List will be published on the FIG web site within 24 hours after the end of the competitions provided that all procedures before and after the competitions are duly respected by the Organizing Member Federation “Hors concours competitors” must not appear on the official results lists.

Separate World Cup Series Ranking Lists are established for every category beginning with the first World Cup event of the year and ending with the last World Cup event of the year as follows:

- Men Individual
- Women Individual
- Mixed Pairs
- Trio
- Groups

For Individual competitors, World Cup Points are assigned to the competitor **by name**.

Mixed Pairs are listed **by name**, but considered **as an entity**.

In case of change of partner, the Mixed Pair is considered as a new Pair.

Trios are listed **by name**, but considered **as an entity**.

One change of name in a Trio is allowed, but in case of a second change of name, the Trio is considered as a new Trio.

Groups are listed **by Federation**. The World Cup Points are assigned to the Federation.

If more than one Group per Federation starts at an event, only the better result will be considered.

The World Cup Points are assigned to the competitors as follows:

Finals: ranking from 1st to 8th place
Qualifications: ranking from 9th to 16th place

Ranking	World Cup Cat. B
1	30
2	25
3	20
4	18
5	16
6	14
7	12
8	10
9	8
10	7
11	6

12	5
13	4
14	3
15	2
16	1

The gymnasts with same final score will receive the same World Cup points.

If there are less than four (4) units participating in a category no World Cup Points will be awarded.

“Wild Card Participants” will not receive any World Cup Points.

“Hors concours competitors” will not receive World Cup Points.

WINNER OF THE ANNUAL WORLD CUP

The winner of the annual World Cup per category is the individual gymnast / pair / trio / group with the highest number of points of the World Cup Series Ranking List after the last event of the year:

In case of a tie at any place in the World Cup Series Ranking Lists after the last competition of the year, the tie will not be broken.

EVENT MANAGER

Mr. SOUSA, Álvaro
Estrada da Luz, n.º 30-A
1600-159 Lisboa / Portugal
Tel: (+351) 21 814 11 45
Fax: (+351) 21 814 29 50
e-mail: alvaro.sousa@gympor.com

MEDIA

Only journalists and photographers holding an official and valid press card recognized by international press agencies such as the AIPS and official Sports Journalists Associations / National Federations will be accredited.

All media representatives (journalists, photographers, TV) must request an accreditation from the O.C. Media Office as soon as possible to have access to the media centre on the competition venue.

E-mail: comunicacao@gympor.com
Ms. Elena Rosca

SOCIAL MEDIA

Gymnastics Federation of Portugal official Facebook page:
www.facebook.com/ginasticaportugal

MEDICAL SERVICES

The Local Organizing Committee will provide first aid medical services. A physiotherapist will be present during the competitions as well members of the Portuguese Red Cross specialized in first aids. Medical support is also available at 5min. distance.

OFFICIAL HOSPITAL

Hospital Arcebispo João Crisóstomo
R. Padre Américo, Apartado 61 * 3061-909 CANTANHEDE
Phone number: +351 231 419 210

DOPING CONTROLS

For World Cup Competitions and Series, A and B Category, the Organizing Member Federation will provide a minimum of 5 doping controls at its own charge.

Failure to do so will result in the deposit being lost in full.

The anti-doping control is made by ADOP.

MARKETING

FIG advertising and publicity norms must be respected.

VIDEO CONTROL SYSTEM

High Definition Camcorders

RULES AND REGULATIONS

The competition must be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives:

- Statutes
- Code of ethics
- Technical Regulations
- Licenses Rules
- Code of Points and relevant Newsletters
- General Judges Rules
- Specific Judges' Rules for Aerobic Gymnastics
- Medical Organization of the Official FIG Competitions and Events
- Anti-Doping Rules

- Media Rules
- Apparatus Norms
- Rules for Advertising and Publicity Rules
- Accreditation Rules
- Rules for Awards Ceremonies
- World Cup Rules for Aerobic Gymnastics and subsequent decisions of the FIG Executive Committee

DEADLINES SUMMARY	Provisional Registration (on line)	27, November, 2019
	Definitive Registration (on line)	22, January, 2020
	Nominative Registration (on line)	26, February, 2020
	Accommodation Form	22, January, 2020
	Travel Schedule Form	22, January, 2020
	Visa Request Form	22, January, 2020
	Meals Form	22 January, 2020
	Payment of the Entry Fee	22, January, 2020
	Payment of the Accommodation Costs	22, January, 2020
	Payment of the local transportation	22, January, 2020
	Payment of the Meals	22, January, 2020
	Payment of the Final Banquet	22, January, 2020
	Payment of the fine for missing judge	22, January, 2020
ADDITIONAL INFORMATION		

Sincerely Yours,

Lisbon, August 26th 2019



FGP

Signature of the President or Secretary General of the FIG affiliated NF