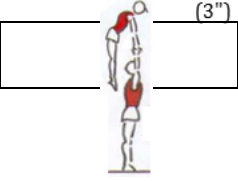
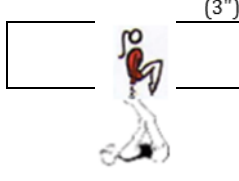
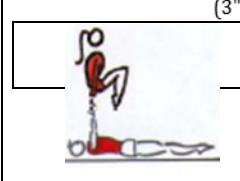
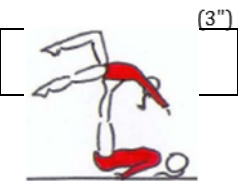
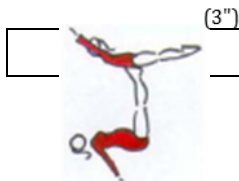



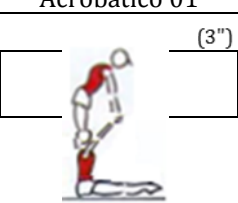

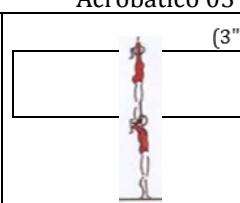
**TORNEIO NACIONAL DE GINÁSTICA ACROBÁTICA 2019**

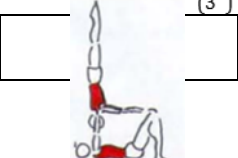
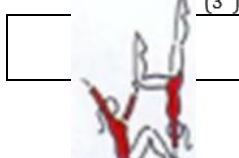
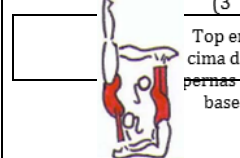
**TABELA DE ELEMENTOS OBRIGATÓRIOS - Intermediário**

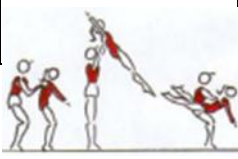


**Pares**

<b>INT 1</b>	Acrobático 01	Acrobático 02	Acrobático 03
	 (3")	 (3")	 (3")

<b>INT 2</b>	Acrobático 01	Acrobático 02	Acrobático 03
	 (3")	 (3")	Entrada ou Saída e Reversão  (3")

<b>INT 3</b>	Acrobático 01	Acrobático 02	Acrobático 03
	 (3")	 (3")	 (3")

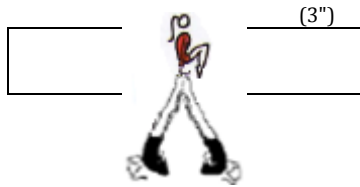

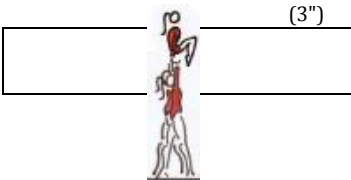
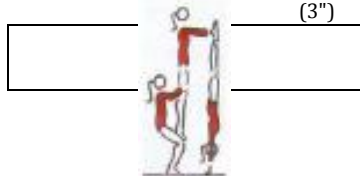
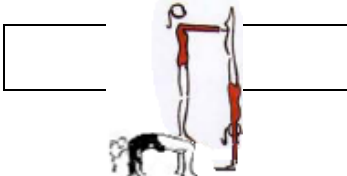
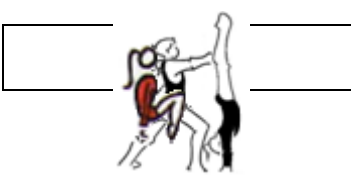





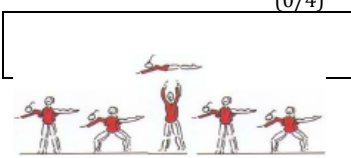
<b>INT 4</b>	Acrobático 01	Acrobático 02	Acrobático 03
	 (3")	 (3")	 (3") Top em cima das pernas do base

<b>INT 5</b>	Acrobático 01	Acrobático 02	Acrobática 03
	Sem lançamento (1") 	(1/4) Front  Saída em Rolamento para frente	(0/4) Back 

**TORNEIO NACIONAL DE GINÁSTICA ACROBÁTICA 2019**

**TABELA DE ELEMENTOS OBRIGATÓRIOS - Intermediário**


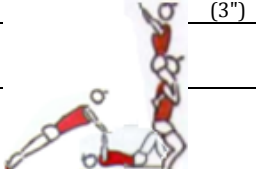

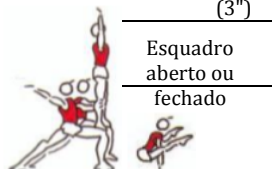
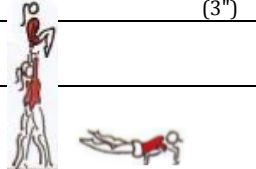




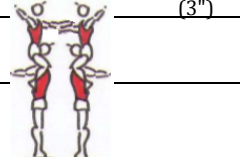
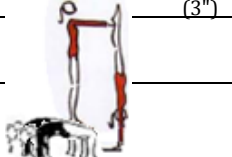
**Grupos Femininos**

<b>INT 1</b>	Acrobático 01 (3")	Acrobático 02 (3")	Acrobático 03 (3")
			
<b>INT 2</b>	Acrobático 01 (3")	Acrobático 02 (3")	Acrobático 03 (3")
			
<b>INT 3</b>	Acrobático 01 (1")	Acrobático 02 (0/4) Back	Acrobático 03 (1/4) Back
			
<b>INT 4</b>	Acrobático 01 (1") Sem lançamento	Acrobático 02 (1/4) Back	Acrobático 03 (0/4)
			

**TORNEIO NACIONAL DE GINÁSTICA ACROBÁTICA 2019**

**TABELA DE ELEMENTOS OBRIGATÓRIOS - Intermediário**

**Grupos Masculinos**

<b>INT 1</b>	Acrobático 01	Acrobático 02	Acrobático 03
	(3") 	(3") 	(3") 
<b>INT 2</b>	Acrobático 01	Acrobático 02	Acrobático 03
	(3") Esquadro aberto ou fechado 	(3") 	(3") Espacate Lateral ou Antero-posterior 
<b>INT 3</b>	Acrobático 01	Acrobático 02	Acrobático 03
	(0/4) 	(0/4) 	(1") Sem lançamento 
<b>INT 4</b>	Acrobático 01	Acrobático 02	Acrobático 03
	(3") 	(3") 	(3") 